

Stranraer 10k Road Race										
7th November 2009										
Tag Guide		L=Local			E=Entry on the day so exempt from Team Prize					
Pos	Num	M	F	Name	Cat	CatPos	Club	Pace per Km/Mile	Time	Tag
1	139	1		Kerry Liam Wilson	M	(001/060)	Ronhill Cambuslang Harrs	03.22/05.25	00:33:42	
2	172	2		Richard Turkington	M	(002/060)	Armagh AC	03.24/05.28	00:33:57	E
3	151	3		Steven Smith	M	(003/060)	Dumfries Running Club	03.36/05.47	00:35:59	
4	147	4		Ross Bark	M	(004/060)	Ronhill Cambuslang Harrs	03.43/05.58	00:37:06	L
5	80	5		Gerard Montgomery	M50	(001/014)	Clydesdale Harriers	03.43/05.59	00:37:12	
6	85	6		David Wright	M40	(001/028)	North Belfast Harriers	03.48/06.06	00:37:55	
7	138	7		Paul Hart	M40	(002/028)	Dumfries Running Club	03.48/06.06	00:37:56	
8	141	8		Douglas Brown	M50	(002/014)	Dumfries Running Club	03.48/06.07	00:38:03	
9	298	9		Iain Christie	M	(005/060)	Strathclyde United Harrs	03.49/06.08	00:38:09	E
10	70	10		Leslie McDerment	M	(006/060)	Kilmarnock Harriers	03.54/06.16	00:38:55	
11	53	11		David Howat	M	(007/060)	Unattached	03.54/06.17	00:39:02	
12	95	12		Ian Hannah	M45	(001/019)	Galloway Harriers	03.54/06.17	00:39:03	L
13	93	13		Paul Cameron	M	(008/060)	Arran Runners	03.55/06.18	00:39:11	
14	2	14		Kevin McCaig	M45	(002/019)	Dumfries Harriers	03.56/06.20	00:39:24	
15	4		1	Jennifer Emsley	F	(001/022)	Central AC	04.03/06.31	00:40:29	
16	73	15		Bobbie Irvine	M45	(003/019)	Unattached	04.04/06.32	00:40:37	
17	184	16		Alasdair Stapleton	M	(009/060)	Unattached	04.07/06.37	00:41:06	
18	166	17		Chris Northam	M55	(001/007)	Livingstone	04.08/06.39	00:41:22	E
19	64	18		Adrian Leach	M40	(003/028)	Galloway Harriers	04.09/06.40	00:41:26	
20	8		2	Marina McCallum	F35	(001/015)	Clydesdale Harriers	04.10/06.42	00:41:41	
21	284	19		Kevin Best	M55	(002/007)	Galloway Harriers	04.11/06.44	00:41:52	LE
22	39	20		Lewis Brown	M	(010/060)	Unattached	04.12/06.45	00:41:58	
23	153	21		Angus McTaggart	M40	(004/028)	Girvan AAC	04.12/06.46	00:42:04	
24	281	22		Tom Coughtrie	M40	(005/028)	Jog Scotland	04.13/06.47	00:42:11	E
25	171	23		John Plumridge	M60	(001/008)	Galloway Harriers	04.14/06.48	00:42:17	LE
26	290	24		Scott Pitkeithly	M45	(004/019)	HardrockCC	04.14/06.50	00:42:25	E
27	188	25		David Drummond	M	(011/060)	Unattached	04.15/06.51	00:42:34	L
28	26	26		Craig Kingsley	M	(012/060)	Dumfries Harriers	04.16/06.53	00:42:45	
29	126	27		Stephen Flanagan	M40	(006/028)	Girvan AAC	04.17/06.53	00:42:47	
30	291	28		Garry Burns	M	(013/060)	HardrockCC	04.17/06.54	00:42:53	E
31	76		3	Jemma Holland	F	(002/022)	Galloway Harriers	04.17/06.54	00:42:54	L
32	82	29		David Mabon	M55	(003/007)	Lothian Running Club	04.18/06.55	00:43:01	
33	180	30		Ian McTeir	M50	(003/014)	HardrockCC	04.19/06.56	00:43:06	E
34	277	31		Grant Morrow	M45	(005/019)	Galloway Harriers	04.20/06.58	00:43:16	LE
35	58	32		Murray Farroll	M45	(006/019)	Unattached	04.20/06.59	00:43:24	L
36	293	33		Ally Wight	M	(014/060)	HardrockCC	04.21/07.00	00:43:27	E
37	164	34		Stephen Brandt	M	(015/060)	Unattached	04.22/07.01	00:43:35	
38	181	35		Brian Young	M45	(007/019)	HardrockCC	04.24/07.05	00:44:03	E
39	146	36		David Roberts	M45	(008/019)	Unattached	04.26/07.07	00:44:15	L
40	119	37		Fraser Shand	M	(016/060)	Arran Runners	04.27/07.09	00:44:28	
41	140	38		Richard Williams	M40	(007/028)	Unattached	04.28/07.11	00:44:36	L
42	176	39		Neil McDonald	M	(017/060)	Strathclyde United Harrs	04.28/07.11	00:44:38	LE
43	289		4	Melanie Martin	F35	(002/015)	HardrockCC	04.28/07.12	00:44:42	E
44	52	40		Robert Brown	M60	(002/008)	Kirkintilloch Olympians	04.29/07.13	00:44:53	
45	295	41		Neil Glendinning	M	(018/060)	Unattached	04.30/07.14	00:44:56	
46	24	42		Dean Clapworthy	M	(019/060)	Unattached	04.31/07.16	00:45:07	
47	56	43		Colin McMeikan	M40	(008/028)	Dumfries Harriers	04.31/07.16	00:45:10	
48	69		5	Elizabeth McDerment	F40	(001/010)	Kilmarnock Harriers	04.31/07.16	00:45:12	
49	16	44		Jim Wilson	M55	(004/007)	Unattached	04.32/07.18	00:45:20	
50	17		6	Marguerite Robertson	F55	(001/006)	Unattached	04.32/07.18	00:45:20	
51	161	45		Bruce Fidler	M	(020/060)	Unattached	04.33/07.19	00:45:31	L
52	280		7	Amy Gibson	F	(003/022)	Cairngorm Runners	04.34/07.21	00:45:43	E

53	122	46	David McWhirter	M40	(009/028)	Unattached	04.35/07.23	00:45:54	L
54	74	47	William Buchanan	M	(021/060)	Unattached	04.38/07.28	00:46:24	L
55	72	48	Ian Anderson	M	(022/060)	Dumfries Harriers	04.39/07.29	00:46:29	
56	67	49	Iain McDowall	M40	(010/028)	Unattached	04.39/07.29	00:46:32	L
57	123	50	David McAuley	M	(023/060)	Unattached	04.40/07.31	00:46:41	L
58	131	51	Allan Manson	M	(024/060)	Dumfries Running Club	04.41/07.32	00:46:46	
59	162	52	David Ringland	M60	(003/008)	Unattached	04.41/07.32	00:46:47	L
60	125	53	John Rennie	M45	(009/019)	Girvan AAC	04.41/07.32	00:46:51	
61	297	54	Sean Graham	M	(025/060)	Unattached	04.42/07.34	00:46:58	
62	45	55	Kevin McWhinney	M50	(004/014)	Unattached	04.42/07.34	00:46:59	
63	107	56	David Beattie	M40	(011/028)	Galloway Harriers	04.42/07.34	00:47:00	L
64	43	57	Simon Hart	M	(026/060)	Unattached	04.43/07.35	00:47:07	
65	294	58	Mark Kinnon	M45	(010/019)	Unattached	04.43/07.36	00:47:13	
66	283	8	Maureen Dickson	F50	(001/007)	Dumfries Running Club	04.44/07.37	00:47:20	E
67	117	59	Paul Crosbie	M45	(011/019)	Unattached	04.44/07.37	00:47:22	L
68	66	60	Gary Shields	M40	(012/028)	Unattached	04.44/07.38	00:47:24	
69	113	61	Douglas Lamont	M45	(012/019)	Unattached	04.44/07.38	00:47:25	L
70	282	9	Marian McPhail	F55	(002/006)	Dumfries Running Club	04.45/07.38	00:47:29	E
71	187	62	Michael Jenks	M	(027/060)	Arran Runners	04.45/07.39	00:47:32	E
72	62	63	Geoff Fidler	M50	(005/014)	Unattached	04.45/07.39	00:47:33	L
73	167	64	Jaxk Maxwell	M60	(004/008)	Girvan AAC	04.47/07.41	00:47:47	E
74	304	65	Paul Lindsay	M45	(013/019)	Unattached	04.47/07.42	00:47:50	L
75	144	66	Tommy Currie	M40	(013/028)	Unattached	04.47/07.42	00:47:51	L
76	179	10	Debbie Park	F40	(002/010)	HardrockCC	04.47/07.42	00:47:53	E
77	301	11	Roslyn Craig	F	(004/022)	Unattached	04.48/07.43	00:47:55	L
78	160	67	Andrew Gordon	M	(028/060)	Unattached	04.49/07.46	00:48:13	L
79	129	12	Gayle Allison	F35	(003/015)	Unattached	04.50/07.47	00:48:22	L
80	130	68	Gary Ferguson	M	(029/060)	Unattached	04.52/07.49	00:48:35	L
81	97	69	Allan Strang	M45	(014/019)	Galloway Harriers	04.53/07.51	00:48:46	L
82	305	70	Sam Reid	M	(030/060)	Unattached	04.54/07.52	00:48:56	L
83	136	71	Niall Balmer	M50	(006/014)	Unattached	04.54/07.53	00:48:58	L
84	193	72	Dylan Watson	M	(031/060)	Unattached	04.54/07.54	00:49:03	L
85	159	73	Wallace Shedden	M50	(007/014)	Unattached	04.54/07.54	00:49:05	
86	31	13	Katie Longo	F	(005/022)	Unattached	04.55/07.54	00:49:06	
87	112	74	Paul Murphy	M	(032/060)	Unattached	04.55/07.54	00:49:07	L
88	103	75	Ronald Stokes	M55	(005/007)	Unattached	04.56/07.56	00:49:15	L
89	110	76	Harris Campbell	M40	(014/028)	Unattached	04.56/07.56	00:49:17	L
90	96	77	Bill Bennis	M	(033/060)	Unattached	04.56/07.56	00:49:20	L
91	23	78	Tom Inger	M40	(015/028)	Unattached	04.56/07.57	00:49:24	L
92	155	79	David McKie	M40	(016/028)	Unattached	04.57/07.57	00:49:26	L
93	92	14	Chrissie Vincent	F45	(001/007)	Galloway Harriers	04.57/07.58	00:49:32	L
94	14	80	Andrew Griffin	M	(034/060)	Unattached	04.58/07.59	00:49:38	L
95	292	81	Guy Wright	M40	(017/028)	HardrockCC	04.59/08.01	00:49:50	E
96	148	15	Valerie McCutcheon	F40	(003/010)	Unattached	05.00/08.02	00:49:57	
97	185	82	Michael McNaught	M40	(018/028)	Galloway Harriers	05.00/08.03	00:50:04	LE
98	170	83	Charles Clemie	M50	(008/014)	Unattached	05.02/08.06	00:50:22	
99	65	16	Melanie Sinclair	F35	(004/015)	Unattached	05.04/08.09	00:50:38	
100	152	84	James Hendrie	M40	(019/028)	Unattached	05.04/08.10	00:50:45	L
101	77	85	Stephen Head	M50	(009/014)	Dumfries Harriers	05.05/08.10	00:50:46	
102	173	86	Richard McLachlan	M	(035/060)	Unattached	05.05/08.10	00:50:47	
103	48	17	Linda Brown	F55	(003/006)	Kirkintilloch Olympians	05.05/08.11	00:50:48	
104	109	87	Thomas Balfour	M45	(015/019)	Unattached	05.05/08.11	00:50:53	L
105	89	88	George McKnight	M	(036/060)	Unattached	05.06/08.12	00:50:55	
106	41	89	David Wilson	M40	(020/028)	Unattached	05.07/08.14	00:51:11	
107	12	90	Bernard Jones	M40	(021/028)	Unattached	05.07/08.14	00:51:12	
108	28	18	Paula M Kirkpatrick	F40	(004/010)	Unattached	05.08/08.15	00:51:17	
109	35	19	Rosemary McMillian	F45	(002/007)	Kilmarnock Harriers	05.08/08.16	00:51:21	
110	299	91	Alastair Campbell	M	(037/060)	Unattached	05.09/08.17	00:51:26	L
111	288	92	David Beeton	M40	(022/028)	Unattached	05.10/08.19	00:51:38	L

112	27	93	Colin Knox	M	(038/060)	Jog Scotland	05.10/08.19	00:51:40	
113	83	20	Sandra Carson	F45	(003/007)	Unattached	05.10/08.19	00:51:41	
114	7	94	Thomas McKay	M	(039/060)	Unattached	05.10/08.20	00:51:44	L
115	59	95	Gerard McNamara	M60	(005/008)	Unattached	05.11/08.20	00:51:46	
116	186	96	Kenny Patterson	M60	(006/008)	Unattached	05.11/08.20	00:51:47	
117	276	97	Craig Marshall	M	(040/060)	Unattached	05.11/08.21	00:51:53	L
118	275	21	Kay McGraine	F	(006/022)	Unattached	05.11/08.21	00:51:54	L
119	90	98	John Forsyth	M40	(023/028)	Unattached	05.12/08.22	00:51:57	L
120	91	99	James Macleod	M	(041/060)	Unattached	05.12/08.22	00:51:58	L
121	106	22	Emer Beattie	F40	(005/010)	Galloway Harriers	05.13/08.23	00:52:07	L
122	279	100	Alastair Turnbull	M	(042/060)	Dumfries Running Club	05.14/08.25	00:52:16	E
123	5	23	Emma Keery	F35	(005/015)	Unattached	05.15/08.26	00:52:26	L
124	3	101	Ian Paterson	M	(043/060)	Unattached	05.15/08.27	00:52:28	L
125	94	24	Martina Moore	F40	(006/010)	Galloway Harriers	05.15/08.27	00:52:32	L
126	30	25	Carolyn Ronald	F35	(006/015)	Unattached	05.16/08.28	00:52:35	L
127	100	26	Sally Graham	F	(007/022)	Unattached	05.16/08.29	00:52:40	
128	168	27	Maureen Connelly	F45	(004/007)	Unattached	05.16/08.29	00:52:45	
129	177	102	Neil Douglas	M	(044/060)	Unattached	05.17/08.30	00:52:48	L
130	40	28	Frances Butler	F35	(007/015)	Unattached	05.18/08.31	00:52:55	L
131	22	103	Terry Wright	M55	(006/007)	Unattached	05.19/08.33	00:53:07	
132	189	104	John Hilferty	M	(045/060)	Unattached	05.22/08.38	00:53:40	L
133	10	105	Nigel Devlin	M50	(010/014)	Unattached	05.22/08.38	00:53:41	
134	194	106	Joe Wither	M	(046/060)	Unattached	05.22/08.39	00:53:43	L
135	46	107	Barry Coleman	M45	(016/019)	Unattached	05.24/08.41	00:53:55	
136	36	29	Jan McLeod	F50	(002/007)	Unattached	05.24/08.41	00:53:56	
137	128	30	Emma Grierson	F	(008/022)	Unattached	05.24/08.42	00:54:03	L
138	71	108	Peter Mason	M	(047/060)	Jog Scotland	05.25/08.43	00:54:09	
139	102	109	Ross Alexander	M40	(024/028)	Unattached	05.27/08.46	00:54:26	L
140	145	110	Stuart Leslie	M	(048/060)	Unattached	05.27/08.46	00:54:29	L
141	84	111	David Carson	M45	(017/019)	Unattached	05.28/08.48	00:54:42	
142	175	112	Phillip Mills	M50	(011/014)	Unattached	05.29/08.49	00:54:46	L
143	285	113	Simon Taggart	M45	(018/019)	Galloway Harriers	05.33/08.56	00:55:29	LE
144	174	114	Douglas Lyon	M	(049/060)	Unattached	05.34/08.57	00:55:37	L
145	286	31	Lorraine Graham	F50	(003/007)	Galloway Harriers	05.34/08.58	00:55:40	E
146	50	115	Stewart Penman	M	(050/060)	Unattached	05.34/08.58	00:55:44	
147	51	32	Alison Penman	F35	(008/015)	Unattached	05.34/08.58	00:55:44	
148	192	33	Louise Bark	F	(009/022)	Unattached	05.35/09.00	00:55:54	L
149	118	116	Brian Harrison	M	(051/060)	Unattached	05.38/09.04	00:56:22	L
150	142	117	David Sibley	M	(052/060)	Unattached	05.38/09.04	00:56:23	
151	108	118	Brian Caldwell	M	(053/060)	Unattached	05.39/09.06	00:56:31	
152	79	34	Catherine McKean	F55	(004/006)	Troon Tortoises	05.40/09.07	00:56:41	
153	81	35	Carolyn Mabon	F55	(005/006)	Lothian Running Club	05.40/09.08	00:56:45	
154	115	36	Rachel Houston	F	(010/022)	Castle Douglas Jog Shop	05.42/09.11	00:57:01	
155	127	119	Bobby McKie	M55	(007/007)	Unattached	05.44/09.13	00:57:15	L
156	150	120	Alan McKean	M40	(025/028)	Dumfries Running Club	05.44/09.13	00:57:16	
157	121	37	Lisa Brown	F	(011/022)	Unattached	05.44/09.13	00:57:18	
158	154	38	Marie Sutherland	F	(012/022)	Unattached	05.44/09.14	00:57:25	L
159	183	39	Nicola McCurdy	F35	(009/015)	Unattached	05.45/09.15	00:57:28	L
160	1	40	Elizabeth Rowan	F35	(010/015)	Unattached	05.48/09.20	00:58:02	L
161	137	41	Jenny Balmer	F50	(004/007)	Unattached	05.48/09.20	00:58:02	L
162	278	42	Judith Turnbull	F45	(005/007)	Dumfries Running Club	05.51/09.24	00:58:27	E
163	134	43	Rachel Dixon	F35	(011/015)	Unattached	05.52/09.27	00:58:45	
164	6	121	Bill Love	M60	(007/008)	Dumfries Running Club	05.53/09.29	00:58:53	
165	44	122	Jamie Nicholson	M	(054/060)	Unattached	05.56/09.32	00:59:15	
166	165	44	Marie McCaig	F35	(012/015)	Unattached	05.56/09.32	00:59:15	
167	120	123	Derek Shand	M50	(012/014)	Arran Runners	05.58/09.36	00:59:39	
168	33	45	Judith Murdoch	F	(013/022)	Unattached	05.58/09.37	00:59:45	L
169	11	124	Boyd Meiklejohn	M50	(013/014)	North Gales	05.59/09.38	00:59:50	
170	19	125	Ali McLaren	M	(055/060)	Unattached	05.59/09.38	00:59:51	

171	132	126		Scott Gemmell	M	(056/060)	Unattached	06.00/09.39	00:59:55	L
172	300	127		Dave Cossar	M60	(008/008)	Unattached	06.00/09.39	01:00:00	
173	63	46		Brenda Rooney	F35	(013/015)	Unattached	06.00/09.40	01:00:04	
174	191	47		Fiona Grant	F50	(005/007)	Troon Tortoises	06.02/09.42	01:00:16	E
175	111	48		Elaine Laverie	F	(014/022)	Unattached	06.03/09.45	01:00:33	L
176	78	49		Christine Clemie	F55	(006/006)	Dumfries Running Club	06.05/09.48	01:00:51	
177	54	50		Sandra Little	F35	(014/015)	Unattached	06.06/09.49	01:00:57	
178	60	51		Anita Rogers	F40	(007/010)	Unattached	06.08/09.51	01:01:15	
179	163	128		Gareth Richards	M45	(019/019)	Unattached	06.08/09.52	01:01:17	
180	47	129		John Poole	M	(057/060)	Unattached	06.08/09.52	01:01:19	
181	133	130		Ian McKay	M40	(026/028)	Unattached	06.09/09.54	01:01:30	
182	143	131		Robert Towe	M40	(027/028)	Unattached	06.09/09.54	01:01:30	
183	296	52		Alison Graham	F40	(008/010)	Unattached	06.09/09.54	01:01:34	
184	101	132		Colin Whitfield	M50	(014/014)	Unattached	06.11/09.57	01:01:47	
185	135	53		Lyndsay Anderson	F40	(009/010)	Unattached	06.12/09.58	01:01:55	
186	182	54		Anne McCrorie	F45	(006/007)	Unattached	06.14/10.01	01:02:17	L
187	169	55		Anne Seaton	F40	(010/010)	Unattached	06.16/10.05	01:02:41	
188	87	56		Kirsty Douglas	F	(015/022)	Unattached	06.17/10.07	01:02:49	L
189	302	57		Emma Lindsay	F	(016/022)	Unattached	06.20/10.12	01:03:23	L
190	190	58		Debbie Stewart	F	(017/022)	Troon Tortoises	06.26/10.21	01:04:20	E
191	86	59		Claire Douglas	F	(018/022)	Unattached	06.30/10.27	01:04:57	L
192	178	60		Naoise Stephens	F	(019/022)	Unattached	06.31/10.29	01:05:11	L
193	287	61		Joan Stephens	F45	(007/007)	RyanCentre	06.31/10.30	01:05:14	LE
194	116	133		Mark McFern	M	(058/060)	Unattached	06.32/10.31	01:05:18	L
195	37	62		Jane Lenza	F50	(006/007)	Dumfries Harriers	06.34/10.35	01:05:44	
196	156	63		Jenifer Thomson	F	(020/022)	Unattached	06.53/11.04	01:08:46	
197	75	134		Paul Geach	M40	(028/028)	Unattached	07.04/11.22	01:10:40	L
198	42	64		Gus Love	F50	(007/007)	Jog Scotland	07.11/11.33	01:11:47	
199	124	65		Alison McAuley	F	(021/022)	Unattached	07.12/11.36	01:12:04	L
200	149	135		Paul Smith	M	(059/060)	Unattached	07.13/11.37	01:12:12	L
201	9	66		Janice Clark	F35	(015/015)	Unattached	07.16/11.42	01:12:43	
202	104	67		Nicola Bruce	F	(022/022)	Unattached	07.51/12.37	01:18:27	L
203	99	136		Joseph McGurk	M	(060/060)	Unattached	14.53/23.57	02:28:49	L